






ANDREW BARNETT M.D.

C O S M E T I C P L A S T I C S U R G E R Y

CHEAT SHEET FOR CONCEALING BRUISES AT HOME



-  Green Concealer is the opposite from red on the color wheel so it will hide redness and more red bruising
-  Yellow Concealer is the opposite of purple and works for correcting purple bruises
-  Purple or Lavendar Concealer is the opposite of yellow and will correct your bruises as they start to turn more yellow toward as you heal
-  Orange Concealer is the opposite from blue and works well with darker skin tones to conceal blue under eye circles
-  Pink Concealer works for people with lighter skin tones to neutralize blue toned bruises. Pale pink works better on fair skin, a salmon or peach tone will work better on medium skin. You can blend these on the back of your hand from a mix of red, orange and yellow if your palette doesn't contain the right hue.

If you have very dark skin all the same principles above will apply but you may need to purchase a concealer palette with darker hues. (NYX brand has different concealer pallets for light and dark skin.)

TAKE THE NEXT STEP

Ready to look and feel your best? [Schedule a consultation](#) with [Andrew Barnett M.D.](#) to discuss your options today. Consultations are available in both our **San Francisco** and **Walnut Creek** offices. You may schedule for either location by calling **(415) 362-1221**, or **contact us through our website – www.drbarnett.com**. Renee or Laurie will help you and answer any questions!